

### **August Birthdays**

David Thorson	8/3
Eustella Korol	8/7
Delma Stamps	8/8
George Laidemitt	8/8
Al Lavendar	8/10
Ross Flickinger	8/11
LouAnn Holmquist	8/13
Bob Bergquist	8/15
Tom Lawson	8/18
LaJean Henning	8/24
Randy Olson	8/28
Michelle Reller	8/28
Ralph Gross III	8/28
David Fundingsland	8/29



#### From the Director

I hope this is finding you well and enjoying the nice weather and beautiful summer views, even as we are in the midst of a pandemic. If you are feeling stressed about the coronavirus pandemic, you are not alone.

## The Disaster Distress Helpline, 1-800-985-5990, provides

# immediate crisis counseling to people affected by the coronavirus pandemic.

The Hotline provides crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.

To connect with a trained crisis counselor:

#### Call **1-800-985-5990**

#### Text TalkWithUs to 66746

We will get through this trying time together by helping each other. Remember to keep washing your hands often and stay 6 feet from each other. Thank you for following the Governor's mandate on wearing a mask when in the common areas of Park Towers.

#### In other news:

The laundry machine card reader has been ordered and will be installed in August. When the card readers are installed, quarters will no longer be used. You can then use either cash or credit card to pay when loading your card to do laundry. Stay tuned for more information and training.

#### Notes from the Front Desk. . .

A few reminders. . .

 Your air conditioner should not be set lower than 69 degrees.
Fan should be run at low to medium. You should clean your filter at least once per month, more often if you have a pet. When you take the filter out, try to see if the coils are dirty. If so, they may need to be sprayed off and cleaned. Also, if your AC does not feel like it is cooling, turn it off for about 1 hour.

- After you take a shower, open your bathroom door to let the steam out, otherwise the moisture builds up and can cause the paint to bubble and peel.
- Reminder...if you are using the grill it cannot be left unattended, that is a fire hazard.
- ALL PET OWNERS remember to pick up after your animal. It is not pleasant to walk up to a building and have poop on the sidewalks or in the rocks.
- Please properly dispose of your garbage! Do NOT just discard it on the lawn.
- Disposable masks are available in the office.
- It's time to start thinking about recertifications. During the month of August you will receive a notice to come to the office for your recertification update. As you may have seen the notice, that with the RAD Conversion they are requiring additional items. DO NOT bring in any bank statements, pay stubs, etc. until your recertification date. We have a window of 120 days

and if you bring it in early, it will not be valid. If you do not have the information on the date of your recertification, please let the office know so we can reschedule.



Please remember to recycle your glass, plastics, papers, cans and cardboard.